



#SummerMeet2026

2026 Scottish Summer Meet

(Under World Aquatic Rules & Scottish Swimming Regulations)

Aquatics Centre, Aberdeen Sports Village
Regent Walk, Aberdeen, AB24 1SX
9 – 12 July 2026

Licence No: L1/826/SS/JUL26

2026 Scottish Summer Meet

VENUE DETAILS, SESSION TIMES, EVENTS & ELIGIBILITY INFORMATION

Dates	Thursday 9 – Sunday 12 July 2026					
Venue	Aquatics Centre, Aberdeen Sports Village, Regent Walk, Aberdeen, AB24 1SX					
Pool	10 Lane, 50 metre competition pool with full Electronic Timing 6 Lane, 25 metre warm up/swim down pool					
Promoter	SASA National Swimming Committee					
Age Groups	Individual Events:		Age Group Youth	Female: 12/13,14 Female: 15,16, 17/18	Male & Open: 12/13, 14,15 Male & Open: 16,17/18	
	For individual events: Age as at 31 December 2026					
Session Times	Thursday	Evening	Heats	Warm up	15:30	NB. Session start times may be adjusted once all entries have been received and processed. Any new session times will be published
				Start	16:30	
	Friday - Sunday	Morning	Heats	Warm up	08.00	
				Start	09.00	
		Afternoon	Heats	Warm up	12.15	
				Start	13.15	
		Evening	Finals	Warm up	16.30	
				Start	17.15	
Events	YOUTH AND AGE GROUP EVENTS					
	800m and 1500m Freestyle 400m Freestyle and 400m Individual Medley				Heat Declared Winner	
	YOUTH EVENTS					
	Female: 15, 16, 17/18 years Male & Open: 16, 17/18 years				Heats swum in the morning session	
	50m, 100m, 200m Freestyle 50m, 100m, 200m Backstroke 50m, 100m, 200m Breaststroke 50m, 100m, 200m Butterfly 200m Individual Medley				Heats and Final	
	AGE GROUP EVENTS					
	Female: 12/13, 14 years Male & Open: 12/13, 14, 15 years				Heats swum in the afternoon sessions	
	50m*, 100m, 200m Freestyle 100m, 200m Backstroke 100m, 200m Breaststroke 100m, 200m Butterfly 200m Individual Medley				Heats and Finals	
	*To align with 2026 SNAGs, there are no 50m events in the 12/13 section, and 50m Freestyle only in the Female 14 years and Male & Open 14 years sections					
	Scottish Swimming Contact	Lindsay Lewis, Event Manager, Scottish Swimming Tel: 07715 710581 Email: nationals@scottishswimming.com				
Promoter	SASA National Swimming Committee					

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Entry Process	Swimmers who automatically qualify via their ranking during the 'qualification window' or during Phase 2 will enter via their club through online entry portal.
Entry Deadline	Phase 1 Entry: 14:00 on Friday 5 June 2026 Phase 2 Entry: 14:00 on Wednesday 24 June 2026 No entries will be refunded after the closing date of each phase
Competition Disclaimer	In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Scottish Swimming. Scottish Swimming will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.
Safeguarding	The primary safeguarding point of contact for the event in relation to wellbeing and protection matters or accidents is the event Meet Director. The secondary point of contact is the Scottish Swimming Safeguarding Manager. Further details will be issued in the Team Information Pack prior to the event.
Transgender & Non Binary	The Scottish Swimming Transgender & Non-binary Competition Policy was implemented nationally across all aquatic sports on 1 January 2024. The policy and FAQs can be found here. Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Director/Meet Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of the competition, with any matters being resolved post event. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.

2025 Scottish Summer Meet

SCHEDULE OF EVENTS

Thursday 9 July 2026	Friday 10 July 2026	Saturday 11 July 2026	Sunday 12 July 2026
Warm Up: 15.30 Start: 16.30	Warm Up: 08.00 Start: 09.00	Warm Up: 08.00 Start: 09.00	Warm Up: 08.00 Start: 09.00
12/13,14,15,16,17/18	Female: 15,16,17/18 Male & Open: 16,17/18	Female: 15,16,17/18 Male & Open: 16,17/18	Female: 15,16,17/18 Male & Open: 16,17/18
Mixed 1500m Freestyle - HDW	Female 200m Butterfly	Female 200m Freestyle	Female 400m Individual Medley - HDW
	Male & Open 200m Butterfly	Male & Open 200m Freestyle	Male & Open 400m Individual Medley - HDW
	Female 100m Breaststroke	Female 100m Backstroke	Female 200m Backstroke
	Male & Open 100m Breaststroke	Male & Open 100m Backstroke	Male & Open 200m Backstroke
	Female 400m Freestyle – HDW	Female 200m Breaststroke	Female 100m Freestyle
	Male & Open 400m Freestyle – HDW	Male & Open 200m Breaststroke	Male & Open 100m Freestyle
	Male & Open 50m Backstroke	Female 50m Freestyle	Female 50m Breaststroke
	Female 50m Backstroke	Male & Open 50m Butterfly	Male & Open 50m Breaststroke
	Male & Open 50m Freestyle	Female 100m Butterfly	Female 50m Butterfly
	Female 200m Individual Medley	Male & Open 800m Freestyle – HDW	Male & Open 100m Butterfly
	Male & Open 200m Individual Medley	Female 800m Freestyle – HDW	
	Warm Up: 12.15 Start: 13.15	Warm Up: 12.15 Start: 13.15	Warm Up: 12.15 Start: 13.15
	Female: 12/13,14 Male & Open: 12/13,14,15	Female: 12/13,14 Male & Open: 12/13,14,15	Female: 12/13,14 Male & Open: 12/13,14,15
	Male & Open 50m Freestyle (14 & 15 only)	Female 200m Freestyle	Male & Open 50m Breaststroke (15 only)
	Female 400m Freestyle – HDW	Male & Open 200m Freestyle	Male & Open 400m Individual Medley - HDW
	Male & Open 400m Freestyle – HDW	Female 100m Backstroke	Female 400m Individual Medley - HDW
	Female 200m Butterfly	Male & Open 100m Backstroke	Male & Open 100m Butterfly
	Male & Open 200m Butterfly	Female 200m Breaststroke	Female 200m Backstroke
	Female 100m Breaststroke	Male & Open 200m Breaststroke	Male & Open 200m Backstroke
	Male & Open 100m Breaststroke	Female 50m Freestyle (14 only)	Female 100m Freestyle
	Female 200m Individual Medley	Male & Open 50m Butterfly (15 only)	Male & Open 100m Freestyle
	Male & Open 200m Individual Medley	Female 100m Butterfly	
	Male & Open 50m Backstroke (15 only)	Male & Open 800m Freestyle - HDW	
		Female 800m Freestyle - HDW	
	Warm Up: 16:30 Start: 17:15	Warm Up: 16:30 Start: 17:15	Warm Up: 16:30 Start: 17:15
	Male & Open 50m Freestyle (14,15,16,17/18)	Female 200m Freestyle	Male & Open 100m Butterfly
	Female 200m Butterfly	Male & Open 200m Freestyle	Female 100m Freestyle
	Male & Open 200m Butterfly	Female 100m Backstroke	Male & Open 100m Freestyle
	Female 100m Breaststroke	Male & Open 100m Backstroke	Female 200m Backstroke
	Male & Open 100m Breaststroke	Female 200m Breaststroke	Male & Open 200m Backstroke
	Female 50m Backstroke (15, 16, 17/18)	Male & Open 200m Breaststroke	Female 50m Breaststroke (15, 16, 17/18)
	Male & Open 50m Backstroke (15, 16, 17/18)	Female 50m Freestyle (14, 15, 16, 17/18)	Male & Open 50m Breaststroke (15, 16, 17/18)
	Female 200m Individual Medley	Male & Open 50m Butterfly (15, 16, 17/18)	Female 50m Butterfly (15, 16, 17/18)
	Male & Open 200m Individual Medley	Female 100m Butterfly	
	FINALS WILL BE SWUM FROM YOUNGEST TO OLDEST AGE GROUP		

ENTRY INFORMATION

Eligibility and Entry	Who are the AGB NextGen Championships and Home Nations for: The meets ONLY caters for the following categories of swimmer: 1. Swimmers who are currently eligible to represent and have Great Britain as their recognised country of international representation with World Aquatics (irrespective of where in the world they live and train), and 2. Foreign nationals who live and train in the United Kingdom for the majority of the calendar year in a British swimming club/programme. No exceptions will be made - any athlete who does not sit within one of these categories will not receive an invite to compete. Entries for the AGB NextGen will only be accepted from competitors registered as members of an Aquatics GB Home Nation - Swim England, Scottish Swimming or Swim Wales. Entries for the Scottish Summer Meet will only be accepted from competitors registered as a member of Scottish Swimming. Swimmers can check their details here: <u>Entry Process</u> Age Groups are as at 31 December 2026 Swimmers will be invited to participate in the AGB NextGen Championships and the Home Nation Summer Meets based on long course times achieved at accredited meets and posted onto the Aquatics GB rankings in a qualification window between 6 March 2026 and 10 May 2026 inclusive. Swimmers who do not qualify in an event for the AGB NextGen Championships will be considered for selection to the relevant Home Country Meet (England, Scotland or Wales), based on ranking club. <u>Interim rankings lists</u> This year weekly rankings lists will be published on a twice weekly basis (Tuesday and Friday) once the qualifying window opens. A final rankings list will be produced 14th May 2026, once the window has closed. If it is believed that any of the data contained in these interim lists is incorrect, please report it by emailing british.events@aquaticsgb.com <u>Home nation meet choice</u> Swimmers can choose to be entered to a Home Nations Summer Meet in two ways: 1. Country of their ranked club (first claim club in Scotland) 2. Country of international representation Swimmers should note, however, that when identifying qualifiers for the Home Nations meets, the automated system in place assumes athletes wish to be categorised by country of their ranked club. Swimmers wishing to be entered into a Home Nation Summer Meet based on international representation MUST complete the form here: Information must be received no later than 17:00 on Monday 4 May 2026. There will be no exceptions and no changes will be made after this time. OPTING OUT A dual approach to opting out will continue to be taken. The idea behind the opt-out is to ensure that as many of the available places at the AGB NextGen Championships are filled, with no empty spaces in events. Swimmers not wishing to compete in events are requested to withdraw to ensure other swimmers can be invited to the AGB NextGen Championships and the respective Home Nation Summer Meets.
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	Aquatics GB will also be sending out reminder emails during the Window to encourage you to indicate your summer decision by using an automated reply system. We are aware that there are always swimmers who compete in the window, but then for a variety of reasons decide they do not want to compete or are unavailable to race in the above summer meets. We are encouraging these swimmers to let us know if they do not want to receive an invite to these competitions. This will help improve the number of swimmers accepting the invitation to compete and also open up the summer meets to a wider group of swimmers. Swimmers can opt out of: 1. All Summer meets (2026 AGB NextGen Championships and the Home Nation meets) 2. 2026 Home Nation meet only (but available for the AGB NextGen Championships if invited) 3. 2026 AGB NextGen Championships only (if you withdraw from the AGB NextGen Championships, you will NOT be able to compete in those invited events at the Home Nation meet). If swimmers wish to opt out, please complete the following form via the link here by 17:00 on Monday 4 May 2026. If you have any questions, please email HNMeetChoice@swimming.org								
Entry Guide and Payment	For the Scottish Summer Meet, the numbers to be invited in each age group will be as follows: <table border="0"> <tbody> <tr> <td>• 800m / 1500m Freestyle</td><td>12</td></tr> <tr> <td>• 400m Freestyle and Individual Medley</td><td>22</td></tr> <tr> <td>• All 200m Events</td><td>22</td></tr> <tr> <td>• 50m/100m Events</td><td>32</td></tr> </tbody> </table> Please Note: In the 1500m freestyle there will be a maximum of 90 athletes (9 heats) accepted, split equally between male/open and female, and then by age category. The 800m and 1500m events are contested as single sex events, however, at the Championship Conveners discretion, in order to maximise opportunity, some or all heats of these events may be run as mixed sex. For events that have heats and finals, should there be less than 11 entrants in any age group, that age group will be swum as a straight final. The names of swimmers invited to the Scottish Summer Meet, and the events in which they have qualified, will be posted here on 14 May 2026 and entries will open on that day Clubs should indicate their swimmer's intention to swim, via the online portal, and pay the appropriate entry fee, by 14.00 on 5 June 2026. Secondary Entry Process In 2026, Scottish Swimming will enable a secondary entry process for the Scottish Summer Meet. Following completion of the invitation and opt-out process outlined above, any remaining spaces in events at the meet will be opened to the fastest ranked additional entries. Clubs will be able to enter swimmers using the online entry portal from 7 June 2026. Entries for this will be limited by remaining space and ranked by time using: • Long course times achieved from 1 January – 1 June 2026 Swimmers cannot enter any events in the secondary entry process that they have been invited to take part in at the AGB NextGen Championships, or the Scottish Summer Meet.	• 800m / 1500m Freestyle	12	• 400m Freestyle and Individual Medley	22	• All 200m Events	22	• 50m/100m Events	32
• 800m / 1500m Freestyle	12								
• 400m Freestyle and Individual Medley	22								
• All 200m Events	22								
• 50m/100m Events	32								

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	All secondary entries must be entered using the online entry portal by 14.00 on 24 June 2026. All entries must be processed by the club entries secretary. Once the entries have been submitted via the online portal, the online summary form here must be completed and an invoice created. The details of this invoice should be passed to the relevant person in your club who has responsibility for making payments. All invited swimmers will be guaranteed a swim with the exception of the 1500m Freestyle. There will be no reserves in the heats or HDW events. Swimmers will not be eligible to swim in the Scottish Summer Meet in any event in which they have been invited to compete at the AGB NextGen Championships. In the event of entry queries please contact: Lindsay Lewis, Event Manager Telephone: 07715 710581 Email: nationals@scottishswimming.com No entries will be accepted without the correct fee. Entry fees will not be refunded following confirmation of entry. Entry fee(s): £11.50 Individual Entry
Withdrawals	<u>Heats</u> Any withdrawals prior to the first day of the Meet should be notified online by clicking here. Withdrawals for Session 1 must be notified no later than midday on Thursday 9th July 2025. Withdrawals for Sessions 2, and 5 and 8 (morning sessions) not previously notified must be lodged at the Recorder's Desk no later than 18.00 on the day prior to the event. Withdrawals for Sessions 3, 6, 9 (afternoon sessions) not previously notified must be lodged at the Recorder's Desk no later than 10.00 on day of the event. Swimmers failing to comply with the above (except in the case of a genuine illness or proven emergency) will be liable to a £10.00 fine for each inappropriate withdrawal. <u>Finals</u> Should you wish to withdraw from a Final (including reserves), you must inform the Recorders in writing on the appropriate form within 30 minutes of finalist's lists having been published or announced. Swimmers who fail to appear for Finals will be fined and may be subject to further disciplinary action. A maximum of 2 reserves will be nominated for Finals. Any competitor withdrawing from a Final in such a manner as to prevent a reserve taking part (except in the case of a genuine illness or proven emergency), shall be suspended immediately from all further events at the Meet. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane – there will be no re-seeding.

GENERAL INFORMATION

Event Regulations	Entry and Entries to all events is expressly subject to the Event Regulations on our website which can be found here and may, where appropriate, also require compliance with the facility provider's regulations. Scottish Swimming reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations.
Anti-Doping	Please note that anti-doping may be in operation at any Scottish event. All swimmers not registered with Scottish Swimming or Swim England (SE) /Swim Wales (SW) will be required to sign an agreement to undergo tests as required in accordance with World Aquatics Law. N.B. SS, SE and SW swimmers will have signed an agreement when submitting their registration fee.
Athlete Passes	All swimmers participating in the Meet must apply for a swimmer pass via their membership. Please note each swimmer has their own membership username. If this is not known, please email nationals@scottishswimming.com. Details on how to apply for a pass can be

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	found here. Passes will not be issued to a swimmer who is not competing in the event. Closing date for pass applications is 14:00 on Monday 6 July 2026 Athlete Pass Application Each swimmer is responsible for printing their pass. The pass will be emailed to all accepted swimmers no later than Wednesday 8 July 2026. The pass will allow access to the changing village, designated seating areas and poolside. Within the venue swimmers must wear their pass and have it visible at all times. A pass that has not been printed or has been lost, there will be charge £5.00 for a replacement.
Swimwear	British Swimming and SE advise that World Aquatics BL8.1 only applies to Olympic Games and World Aquatic events. A suit check will only be made if a World or European record is claimed. There is no requirement for officials to check that costumes are on the approved World Aquatics list. Bylaws BL 8.2 and BL 8.3 cover our requirement for design and material. SW8.0 Scottish Swimming Rules SW8.7 Swimwear Policy SW8.7.1. For events held under the direct jurisdiction and control of Scottish Swimming the Scottish Swimming 'Swimwear Policy' shall apply. The policy can be found at here.
Media & Photography Information	Throughout this event Scottish Swimming will have a number of authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images will be made available to our media partners and uploaded to our website and our social network sites. Should any competitor wish not to be photographed please complete this form. If at any time a competitor wishes a static image to be removed from our website, 7 days' notice must be given to Scottish Swimming after which the data will be removed. By attending the event either as a participant, volunteer, team staff or spectator, you accept that any photographs / videos taken will not be used for illicit purposes or that pictures / films produced will not be altered in any way or uploaded onto the web without the consent in writing of the person(s) photographed / filmed. The use of mobile phones or other electronic devices capable of photography are not permitted to be used at any time in the changing village, toilets or shower areas. Spectators who wish to take images are requested to focus on their own family member as much as reasonably possible and to avoid including other participants in images, particularly if those images are being shared with family and friends or through social media platforms. The use of professional camera equipment and flash photography is prohibited at the Event. Only accredited media can use this type of equipment. Media wishing to gain accreditation must put the request in writing to the event organiser prior to the start of the competition.
Awards & Presentations	No formal presentations will be made at this event and finals will be swum continuously. However, there will be a presentation area set up off Field of Play where swimmers can pick up their medals and photos can be taken. Further detailed information will be made available with the Team Information pack.

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TEAM STAFF INFORMATION

Training Prior to Meet	It may be possible to arrange some training times directly with the pool on Thursday 9 th July 2026. This would be subject to availability. Please contact the venue on 01224 438900
Poolside Pass Information / Accreditation	Team Staff who are not in possession of an annual pass may purchase an individual pass for the Championship:- Full Meet £25.00 (3.5 day access) Day Pass £10.00 (Access is only granted for the day the pass has been purchased) Lost/replacement passes will be charged a fee of £10.00 for the issue of a temporary pass. A pass is required for any team staff wishing to be poolside, and entitles you to entry for the whole of the Meet, poolside access, WhatsApp Broadcast, complimentary tea/coffee in the specified area. Without a valid pass any team staff will NOT be permitted on poolside. Passes must be worn by all team personnel and made visible at all times. <u>Applying for a Pass</u> • All applications must be submitted online, you can find more information by clicking here • Please Note: All team staff passes must be confirmed by the Head Club/Team coach as detailed on the online application form • All applicants MUST be PVG/CRB/DBS checked through either: Scottish Swimming/Swim England/Swim Wales. • All Applicants must hold a valid Child Wellbeing and Protection in Sport (CWPS) (formally Safeguarding and Protection Children Workshop) certificate or CWPS Renewal Award or equivalent for Swim England / Swim Wales • Scottish Swimming will not issue any Team Staff Pass unless a person has a valid PVG/CRB/DBS through the Scottish Swimming/Swim England/Swim Wales. In-line with current legislation, valid PVG/CRB/DBS from any other agency, will not be accepted. • Team Staff applying for passes from outside the UK should make arrangements for their National Governing Body to forward a letter of declaration to the CEO of Scottish Swimming that all applicants have conformed with their 'home country's' policy concerning child protection; Passes will not be issued without such a letter • Applicants must ensure a recent photograph (jpeg format) is uploaded at time of application. Previous applicants need not submit a photograph unless their appearance has changed dramatically or they wish to update the photograph held on file. Photographs should be taken under the same rules regarding passport photographs • Passes will be emailed direct to members to print themselves. Plastic wallets will be available for collection from the Team Staff/Swimmer Desk at the event Applications close at 14:00 on 6 July 2026 Please Note: Any late applications will be charged £45.00 per pass <u>2026 Summer Meet Poolside Pass (SS Member)</u> <u>2026 Summer Meet Poolside Pass (Non SS Members)</u> <u>2026 Summer Meet - 1 DAY Poolside Pass (SS Members)</u> <u>2026 Summer Meet - 1 DAY Poolside Pass (Non SS Members)</u>