



Scottish
Swimming

#SNOC2026

2026 Scottish National Open Swimming Championships

(Under World Aquatic Rules, WPS Rules & Scottish Swimming Regulations)

**Royal Commonwealth Pool, 21 Dalkeith
Road, Edinburgh, EH16 5BB**

26th June — 28th June 2026

L1/812/SS/JUN26

VENUE DETAILS, SESSION TIMES & EVENTS INFORMATION

Dates	Friday 26 June - Sunday 28 June 2026					
Venue	Royal Commonwealth Pool, Edinburgh					
Pool	8 Lane, 50 metre competition pool with full electronic timing 6 Lane, 25 metre warm up/swim down pool					
Promoter	SASA National Swimming Committee					
Session Times	Thursday 25 June	Open Training 16:00 – 20:00				
	Friday - Sunday	Morning	Heats	Warm-up	07:45	NB. Session start times may be adjusted once all entries have been received and processed. Any new session times will be notified with confirmation of acceptances.
				Start	09:00	
		Afternoon	Heats	Warm-up	12:15	
				Start	13:15	
		Evening	Finals	Warm-up	16:30	
Start				17:30		
Events	INDIVIDUAL EVENTS					
	Open: Male & Open and Female					
	50m, 100m, 200m, 400m Freestyle 50m, 100m, 200m Backstroke 50m, 100m, 200m Breaststroke 50m, 100m, 200m Butterfly 200m, 400m Individual Medley				Heats and B & A Finals	
	800m, 1500m Freestyle				Heat Declared Winner	
	RELAY EVENTS					
	Mixed 4 x 50m Freestyle Mixed 4 x 50m Medley				Heat Declared Winner	
	Mixed 4 x 100m Freestyle Relay Mixed 4 x 100m Medley Relay				Heat Declared Winner	
	PARA-SWIMMING EVENTS					
	50m, 100m, 200m, 400m Freestyle 50m, 100m Backstroke 50m, 100m Breaststroke 50m, 100m Butterfly 200m Individual Medley				Heats and Finals	
	Please refer to the supplementary Para Conditions and Consideration Times on Page 8					
	PLEASE NOTE: The 6 fastest heats of all 50m and 100m events, the 5 fastest heats of all 200m events, and the 4 fastest 400m events with finals will be swum in the morning session. Further heats of these same events will be swum in the afternoon sessions. The finalists along with the					

	<p>completed results will therefore not be announced or posted until the final heat of each afternoon event has been swum. Provisional finalists based on the morning heats only will be announced but this does not guarantee a place in the final.</p>
Important Notice	<p>Should the number of entries in the morning and afternoon sessions result in a combined session time of 4 hours or less on each and all days of the Championships, the organisers reserve the right to alter the heat sessions at the time of the programme being issued, and swim them as one session. Morning warm-up times will remain unchanged. Entrants will be notified if the one session option is adopted.</p> <p>In the event of one heat session, the following will apply. All individual events except the 800/1500 freestyles will be conducted on a Heats and Finals basis. In the heat sessions each event will be swum in its entirety slowest to fastest. The fastest 16 athletes from the heats will advance to finals.</p> <p>Para-Swimmers will be integrated into morning heats sessions (by absolute time). However, where Para entries in an event are significantly larger than usual, it may be necessary to incorporate some Para-Swimmers into the afternoon heats sessions. This will be at the absolute discretion of the National Championships Convener. The 8 Para-swimmers scoring the highest points, utilising the British Para-Swimming Points System, shall progress to the Para-Swimming Final.</p> <ul style="list-style-type: none"> • For the Heats ‘over the top starts’ will be used where appropriate. • A maximum of four reserves will be nominated for Finals where B finals are being swum. • A maximum of two reserves will be nominated for Para-Swimming Finals. <p>Reserves will be allocated to vacant lanes.</p>
Scottish Swimming Contact	<p>Lindsay Lewis, Event Manager, Scottish Swimming Tel: 07715 710581 Email: nationals@scottishswimming.com</p>
Promoter	SASA National Swimming Committee
Entry Process	Entries will be by computer file
Entry Deadline	12:00 on Tuesday 9 June 2026
Competition Disclaimer	In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Scottish Swimming. Scottish Swimming will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.
Safeguarding	The primary safeguarding point of contact for the event in relation to wellbeing & protection matters or accidents is the event Meet Director. The secondary point of contact is the Scottish Swimming Safeguarding Manager. Further details will be issued in the Team Information pack prior to the event.
Transgender & Non-Binary	<p>The Scottish Swimming Transgender & Non-Binary Competition Policy was implemented nationally across all aquatics sports on the 1st January 2024. The policy and FAQs can be found here. Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event.</p> <p>By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.</p>

Eligibility and Entry

All competitors must be registered with their National Federation to be eligible to compete (R4.5.1). To compete for a Scottish Club or Team at National Open Championships, competitors must be registered with Scottish Swimming and must have paid their current registration fee.

An athlete can only compete for one Club/Team during the Championships. Scottish Club/team members must be eligible to swim for their Club/Team in accordance with Company Rule R5.1.4

Swimmers with Scottish eligibility training outside Scotland and wishing to be considered for National Selection must be registered with Scottish Swimming (C3.5.1)

National Eligibility – Scottish Swimming Company Rule R4.5.3

R4.5.3 - A competitor selected to represent Scotland must be a registered member of SASA as per SASA Constitution C3.3 or C.3.5 and must be either:

- A native of Scotland, **or**
- A person with a Scottish mother or father, **or**
- A person with a Scottish Grandparent
- Satisfy either of the following residential criteria:

For the Commonwealth Games –

Qualify in line with current Commonwealth Games Federation Regulations or Guidelines

For All Other Meets –

A person who has been resident in Scotland for a minimum of 12 months prior to the first day of competition

At the discretion of Swim Committee and under exceptional circumstances, on application an athlete/team who do not meet the eligibility or entry criteria may be allowed to compete in the Championships.

SCHEDULE OF EVENTS

Friday 26 June 2026			Saturday 27 June 2026			Sunday 28 June 2026		
Female	400m I.M.		Male & Open	400m I.M.		Female	200m Freestyle	
Male & Open	200m I.M.		Female	200m I.M.		Male & Open	400m Freestyle	
Female	100m Freestyle		Male & Open	100m Backstroke		Female	100m Butterfly	
Male & Open	100m Freestyle		Female	100m Backstroke		Male & Open	100m Butterfly	
Female	100m Breaststroke		Male & Open	200m Breaststroke		Female	50m Breaststroke	
Male & Open	100m Breaststroke		Female	200m Breaststroke		Male & Open	50m Breaststroke	
Female	50m Backstroke		Male & Open	200m Freestyle		Female	50m Freestyle	
Male & Open	50m Backstroke		Female	400m Freestyle		Male & Open	50m Freestyle	
Female	200m Butterfly		Male & Open	50m Butterfly		Female	200m Backstroke	
Male & Open	200m Butterfly		Female	50m Butterfly		Male & Open	200m Backstroke	
Mixed	4 x 100m Medley Relay (HDW)		Mixed	4 x 100m Freestyle Relay (HDW)		Mixed	4 x 50m Freestyle Relay (HDW)	
						Mixed	4 x 50m Medley Relay (HDW)	
Slower heats of above events plus:			Slower heats of above events plus:			Slower heats of above events plus:		
Female	1500m Freestyle (HDW)		Male & Open	1500m Freestyle (HDW)		Female	800m Freestyle (HDW) – all heats in afternoon	
						Male & Open	800m Freestyle (HDW) – all heats in afternoon	
Female	400m I.M.	B, A Finals	Male & Open	400m I.M.	B, A Finals	Mixed	4x50m Freestyle Relay (HDW)	Fastest 2 Heats
Male & Open	200m I.M.	Para, B, A Finals	Female	200m I.M.	Para, B, A Finals	Female	200m Freestyle	Para, B, A Finals
Female	100m Freestyle	Para, B, A Finals	Male & Open	100m Backstroke	Para, B, A Finals	Male & Open	400 Freestyle	Para B, A Finals
Male & Open	100m Freestyle	Para, B, A Finals	Female	100m Backstroke	Para, B, A Finals	Female	100m Butterfly	Para, B, A Finals
Female	100m Breaststroke	Para, B, A Finals	Male & Open	200m Breaststroke	B, A Finals	Male & Open	100m Butterfly	Para, B, A Finals
Male & Open	100m Breaststroke	Para, B, A Finals	Female	200m Breaststroke	B, A Finals	Female	50m Breaststroke	Para, B, A Finals
Female	50m Backstroke	Para, B, A Finals	Male & Open	200m Freestyle	Para, B, A Finals	Male & Open	50m Breaststroke	Para, B, A Finals
Male & Open	50m Backstroke	Para, B, A Finals	Female	400m Freestyle	Para, B, A Finals	Female	50m Freestyle	Para, B, A Finals
Female	200m Butterfly	B, A Finals	Male & Open	50m Butterfly	Para, B, A Finals	Male & Open	50m Freestyle	Para, B, A Finals
Male & Open	200m Butterfly	B, A Finals	Female	50m Butterfly	Para, B, A Finals	Female	200m Backstroke	B, A Finals
Female	1500m Freestyle HDW	Fastest Heat	Male & Open	1500m Freestyle HDW	Fastest Heat	Male & Open	200m Backstroke	B, A Finals
Mixed	4x100m Medley Relay HDW	Fastest Heat	Mixed	4x100m Free Relay HDW	Fastest Heat	Mixed	4x50m Medley Relay (HDW)	Fastest 2 Heats

CONSIDERATION TIMES

MALE & OPEN		FEMALE
Consideration Time	EVENT	Consideration Time
0:26.34	50 Freestyle	0:29.74
0:58.46	100 Freestyle	1:05.15
2:08.51	200 Freestyle	2:21.40
4:37.08	400 Freestyle	4:56.56
9:20.44	800 Freestyle	9:51.69
17:59.27	1500 Freestyle	19:19.73
0:29.06	50 Butterfly	0:31.88
1:04.53	100 Butterfly	1:12.00
2:29.75	200 Butterfly	2:45.32
0:30.73	50 Backstroke	0:34.42
1:07.33	100 Backstroke	1:13.22
2:26.05	200 Backstroke	2:37.82
0:33.86	50 Breaststroke	0:38.05
1:14.22	100 Breaststroke	1:23.68
2:43.74	200 Breaststroke	2:56.49
2:28.76	200 I.M.	2:38.90
5:16.45	400 I.M.	5:45.00
MIXED RELAYS		
	Event	Consideration time
	4 x 50 Free Relay	1:55.00
	4 x 50 Medley Relay	2:05.00
	4 x 100 Free Relay	4:05.32
	4 x 100 Medley Relay	4:35.00

Notes:

Competitors must enter times achieved in accredited competitions held between 26 June 2024 and 9 June 2026 and either be 50 metre pool times or conversions to 50 metre pool times (Official conversion tables: Hy-tek standard conversion or Swim England conversion tables may be used).

A proof of entry times report is required in line with SW2.1.2.5. Random checks on entry times will be carried out prior to and during the event. Any athletes submitting an unaccredited entry time will automatically be withdrawn from all entered events and will forfeit all entry fees.

Please submit individual accredited times for each relay team member and reserves. The submitted relay entry time should be the sum of the accredited times for each provisional team member.

The organisers reserve the right to restrict entries to ensure a good standard of competition. If it is necessary to reject entries, this will be done based on entry time, slowest to fastest.

ENTRY INFORMATION

Entry Guide

Entries will be by computer files and only official files are acceptable.

- Entry file can be found [here](#).
- Click [here](#) to access Hy-Tek website for Team Manager Lite, should you not have a copy of Team Manager.
- The completed entry file should be emailed to: nationals@scottishswimming.com
- The subject line **MUST** be - **(Club Code) NATIONAL OPEN CHAMPIONSHIPS**
- A proof of entry times report is required in accordance with SW2.1.2.5 and must be submitted with the entry file.
- Once the computer entry file has been submitted, the Entry Secretary must complete the Online Application Entries Summary by clicking [here](#).

Scottish Entry Secretaries are set up to request an invoice at checkout on the online application entries summary. The details of this invoice should be passed to the relevant person in your club who has responsibility for making payments.

ENTRIES CLOSE at noon Tuesday 9 June 2026

Entry fee(s): £11.50 Individual Entry £22.00 Relay Entry

No entries will be accepted without the correct fee, or with the Entry Files incorrectly completed. Entry fees will not be refunded for any times submitted out-with the consideration time.

No refunds will be given after the programme has been issued.

Important: Names of athletes who are not taking part in an individual event, but swimming in relays only, must be included on the original entry file. These athletes must also apply for athlete accreditation.

Para-Swimming Events

Para-Swimming events are open to athletes who have a recognised classification (WPS, AGB or VIRTUS). Athletes must achieve the qualifying standards for their class in the Para-Swimming events as per the Supplementary Para-Swimming Conditions on page 8.

Para-Swimmers will be integrated into morning heats sessions (by absolute time). However, where Para entries in an event are significantly larger than usual, it may be necessary to incorporate some Para-Swimmers into the afternoon heats sessions. Should it be necessary to utilise the afternoon session, BPSPs will be used to seed swimmers for that event. This will be at the absolute discretion of the National Championships Convener.

Para-Swimming Entries

Entries for Para-Swimmers should use the open download files. Please inform us when emailing in your entry file if they contain Para-Swimming entries.

Team Entries

- There is no restriction on the number of teams clubs may enter.
- If it becomes necessary to restrict the number of entries received, teams will be selected on a time basis, whether they are A or B teams.
- Please submit individual accredited times for each team member and reserves. The submitted relay entry time should be the sum of the accredited times for each provisional team member.

Website Information

- As soon as possible after closing date, an entry list will be posted on the Scottish Swimming website for clubs to check (there will be a time limit on queries).
- The entry list will show a list of your entries. This will allow any mistakes to be rectified.
- Any queries from the entry list should be directed to nationals@scottishswimming.com
- A few days after checks have been done, a programme will be posted on the [Scottish Swimming](#) website.
- Please note once the programme is posted no subsequent updates will be shown.

	<p><u>Team Lines and Changes to Relay Teams</u></p> <ul style="list-style-type: none"> • Team Lines for the Morning sessions must be submitted by 6:00pm on the day prior to the event to nationals@scottishswimming.com • For finals sessions Team Lines should be submitted to the recorders desk by the start of the afternoon session on the day of the event. • Changes to the submitted Team Lines can be made up to 1 hour prior to the start of the appropriate session at the Recorder’s Desk. After this time, no changes to submitted Team Lines shall be permitted except in the event of medical emergency. • Relay team line forms can be found on the Scottish Swimming website, click here.
<p>Withdrawals</p>	<p><u>Heats</u></p> <p>Any withdrawals (including reserves) or amendments prior to the first day of the Championships should be notified online by clicking here.</p> <p>Any withdrawals from the morning heats and the HDW morning event on Day 1 must be notified by email to nationals@scottishswimming.com no later than 18.00 on Thursday 25th June 2026.</p> <p>Withdrawals from Morning heats and the HDW morning events on Day 2 and 3 not previously notified must be lodged at the Recorders Desk no later than 18:00 on the day prior to the appropriate event.</p> <p>For the afternoon session, including the HDW relay events, withdrawals from Days 1, 2 and 3 not previously notified must be lodged at the Recorders desk no later than 10:00 on the day of the event.</p> <p>Athletes failing to comply with the above (except in the case of a genuine illness or proven emergency) shall be liable to a £10 fine for each inappropriate withdrawal.</p> <p><u>Finals</u></p> <p>It is the responsibility of the athlete/team staff to check whether an athlete has made the finals and should they wish to withdraw the following procedures must be adopted. Athletes wishing to withdraw from a Final, must inform the Recorders in writing on the appropriate form within 30 minutes of a confirmed Finalists Lists having been published or announced after the afternoon heats have been swum. Athletes who have not been withdrawn and fail to appear for finals will be fined and may be subject to further disciplinary action.</p> <p>Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of a genuine illness or proven emergency) shall be suspended immediately from all further events at the Championship. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane - there will be no re-seeding.</p> <p><u>Team withdrawals</u></p> <p>Withdrawals for relays swum in the morning sessions must be lodged no later than 18:00 on the day prior to the event. Withdrawals for relays swum in the final sessions must be lodged by the end of the afternoon session on the day of the event. Withdrawals should be done at the recorders desk</p> <p>Any late withdrawals on medical grounds from heats or finals should be discussed with the Meet Director prior to submission to the Recorders, failure to do so will result in a fine for a late withdrawal.</p>

SUPPLEMENTARY PARA-SWIMMING CONDITIONS & CONSIDERATION STANDARDS

Events	<p>These supplementary conditions are to be adhered to in conjunction with the general conditions for the National Championships. The following events will be integrated into the heats according to consideration times and eligibility criteria:</p> <table border="1" data-bbox="293 275 1130 695"> <thead> <tr> <th data-bbox="293 275 691 310">Event</th> <th data-bbox="691 275 1130 310">Male & Open and Female</th> </tr> </thead> <tbody> <tr> <td data-bbox="293 310 691 346">50m Freestyle</td> <td data-bbox="691 310 1130 346">S1 – S13</td> </tr> <tr> <td data-bbox="293 346 691 382">100m Freestyle</td> <td data-bbox="691 346 1130 382">S1 – S14</td> </tr> <tr> <td data-bbox="293 382 691 417">200m Freestyle</td> <td data-bbox="691 382 1130 417">S1 – S5 & S14</td> </tr> <tr> <td data-bbox="293 417 691 453">400m Freestyle</td> <td data-bbox="691 417 1130 453">S6 – S13</td> </tr> <tr> <td data-bbox="293 453 691 489">50m Backstroke</td> <td data-bbox="691 453 1130 489">S1 – S5</td> </tr> <tr> <td data-bbox="293 489 691 525">100m Backstroke</td> <td data-bbox="691 489 1130 525">S1-S2 & S6 – S14</td> </tr> <tr> <td data-bbox="293 525 691 560">50m Breaststroke</td> <td data-bbox="691 525 1130 560">SB1 – SB3</td> </tr> <tr> <td data-bbox="293 560 691 596">100m Breaststroke</td> <td data-bbox="691 560 1130 596">SB4 – SB9, SB11 – SB14</td> </tr> <tr> <td data-bbox="293 596 691 632">50m Butterfly</td> <td data-bbox="691 596 1130 632">S1 – S7</td> </tr> <tr> <td data-bbox="293 632 691 667">100m Butterfly</td> <td data-bbox="691 632 1130 667">S8 – S14</td> </tr> <tr> <td data-bbox="293 667 691 695">200m IM</td> <td data-bbox="691 667 1130 695">SM5 – SM14</td> </tr> </tbody> </table>	Event	Male & Open and Female	50m Freestyle	S1 – S13	100m Freestyle	S1 – S14	200m Freestyle	S1 – S5 & S14	400m Freestyle	S6 – S13	50m Backstroke	S1 – S5	100m Backstroke	S1-S2 & S6 – S14	50m Breaststroke	SB1 – SB3	100m Breaststroke	SB4 – SB9, SB11 – SB14	50m Butterfly	S1 – S7	100m Butterfly	S8 – S14	200m IM	SM5 – SM14
Event	Male & Open and Female																								
50m Freestyle	S1 – S13																								
100m Freestyle	S1 – S14																								
200m Freestyle	S1 – S5 & S14																								
400m Freestyle	S6 – S13																								
50m Backstroke	S1 – S5																								
100m Backstroke	S1-S2 & S6 – S14																								
50m Breaststroke	SB1 – SB3																								
100m Breaststroke	SB4 – SB9, SB11 – SB14																								
50m Butterfly	S1 – S7																								
100m Butterfly	S8 – S14																								
200m IM	SM5 – SM14																								
Eligibility	<p>Functional (S1-S10, SB1-SB9, SM1-SM10) All competitors must have an authorised Aquatics GB or WPS classification, which is held on the Aquatics GB or WPS classification database at the time of entry.</p> <p>Visual (S11-S13, SB11-SB13, SM11-SM13) All competitors must have an authorised Aquatics GB or WPS classification, which is held on the Aquatics GB or WPS classification database at the time of entry.</p> <p>Intellectual (S14, SB14, SM14) All competitors must have an authorised Virtus or WPS classification which is held on the Aquatics GB or WPS classification database at the time of entry.</p>																								
Accreditation	<p>Permitted for athletes in the following classes: S1, S2, S3, S4 and S11. Such attendants will be excluded from any restrictions and will be given the same accreditation as the athlete for whom they have personal care responsibilities.</p> <p>An athlete in any of the classes as specified above may have both a coach and a personal care attendant present.</p> <p>Please refer to General Information and Team Staff Information for the accreditation process, page 10 & 12.</p>																								
General	<p>Para-Swimmers will be integrated into morning heats sessions (by absolute time). However, where Para entries in an event are significantly larger than usual, it may be necessary to incorporate some Para-Swimmers into the afternoon heats sessions. Should it be necessary to utilise the afternoon session, BPSPs will be used to seed swimmers for that event. This will be at the absolute discretion of the National Championships Convener.</p> <p>Placing and selection for finals shall be determined using the British Para-Swimming Points System</p> <p>The competition shall take place under the relevant WPS Rules</p>																								
Entries	<p>Please refer to the Entry Information section on page 6</p>																								
Awards	<p>Medals shall be awarded to 1st, 2nd and 3rd place in each event based on the highest points utilising the British Para-Swimming Points System.</p> <p>If there are less than four competitors in any one event then a minus one ruling shall apply. If there is only one competitor in an event then a medal shall be awarded if he/she swims faster than their entry time.</p>																								

Medals shall be awarded during the relevant session that the event has taken place. All athletes shall be required to present themselves to the awards steward when notified

PARA CONSIDERATION TIMES

EVENT	MALE & OPEN	FEMALE	EVENT	MALE & OPEN	FEMALE	EVENT	MALE & OPEN	FEMALE
50m Freestyle			100m Freestyle			200m Freestyle		
S1	01:35.70	01:16.99	S1	03:23.75	02:45.72	S1	06:58.97	05:58.53
S2	01:15.98	01:20.91	S2	02:39.95	02:54.76	S2	05:58.59	07:02.19
S3	01:06.99	01:00.48	S3	02:19.03	02:11.43	S3	04:59.15	04:53.22
S4	00:54.38	00:55.38	S4	01:58.41	01:58.92	S4	04:07.26	04:17.29
S5	00:44.67	00:51.06	S5	01:40.53	01:58.92	S5	03:40.14	04:10.66
S6	00:42.85	00:48.82	S6	01:34.47	01:46.29	S14	02:48.60	03:05.56
S7	00:41.07	00:47.46	S7	01:30.13	01:43.81	400m Freestyle		
S8	00:37.98	00:44.87	S8	01:26.53	01:35.49	S6	07:18.63	07:36.85
S9	00:35.94	00:40.98	S9	01:18.34	01:30.30	S7	06:53.34	07:21.42
S10	00:34.82	00:41.13	S10	01:15.96	01:27.21	S8	06:37.74	07:05.12
S11	00:38.83	00:43.80	S11	01:24.22	01:38.62	S9	06:16.17	06:55.02
S12	00:34.48	00:39.97	S12	01:19.03	01:28.21	S10	05:56.57	06:36.12
S13	00:34.82	00:39.84	S13	01:15.98	01:26.01	S11	06:42.71	07:21.74
50m Backstroke			S14	01:16.92	01:24.87	S12	06:08.92	06:33.51
S1	01:34.17	01:39.79	100m Backstroke			S13	05:57.27	06:35.88
S2	01:19.86	01:29.07	S1	03:19.20	03:38.44	200m Individual Medley		
S3	01:07.14	01:17.01	S2	02:53.01	03:19.62	SM5	04:09.83	04:53.81
S4	01:01.49	01:11.97	S6	01:49.08	01:59.35	SM6	03:56.29	04:25.02
S5	00:47.13	00:55.65	S7	01:42.21	01:59.20	SM7	03:42.28	04:21.37
50m Breaststroke			S8	01:33.82	01:48.17	SM8	03:30.85	04:02.23
SB1	01:57.63	02:01.65	S9	01:29.58	01:43.11	SM9	03:18.09	03:49.09
SB2	01:23.88	01:36.50	S10	01:25.78	01:40.05	SM10	03:08.52	03:37.28
SB3	01:09.73	01:22.88	S11	01:39.01	01:50.19	SM11	03:27.24	03:57.65
50m Butterfly			S12	01:30.01	01:42.66	SM12	03:16.31	03:36.84
S1	02:57.21	01:16.69	S13	01:24.54	01:36.96	SM13	03:04.05	03:32.16
S2	01:19.44	01:27.41	S14	01:25.32	01:38.70	SM14	03:11.25	03:31.49
S3	01:10.49	01:09.11	100m Breaststroke					
S4	01:00.72	01:00.33	SB4	02:17.94	02:36.61			
S5	00:45.93	00:58.16	SB5	02:07.70	02:30.88			
S6	00:45.77	00:51.83	SB6	01:57.24	02:17.01			
S7	00:43.38	00:49.49	SB7	01:45.48	02:17.16			
			SB8	01:40.86	01:59.90			
			SB9	01:38.03	01:46.48			
			SB11	01:45.47	01:59.67			
			SB12	01:36.10	01:49.69			
			SB13	01:34.46	01:51.15			
			SB14	01:34.13	01:48.03			
			100m Butterfly					
			S8	01:33.04	01:44.81			
			S9	01:27.37	01:39.83			
			S10	01:21.23	01:38.22			
			S11	01:30.99	01:52.75			
			S12	01:25.20	01:34.67			
			S13	01:20.70	01:33.91			
			S14	01:21.27	01:34.99			

Consideration times must have been achieved between 26 June 2024 and 9 June 2026 and may be achieved in either long or short course meets

GENERAL INFORMATION

Event Regulations	<p>Entry and Entries to all events is expressly subject to the Event Regulations on our website which can be found here and may, where appropriate, also require compliance with the facility provider’s regulations.</p> <p>Scottish Swimming reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations.</p>								
Anti-Doping	<p>Please note that anti-doping may be in operation at any Scottish event. All athletes not registered with Scottish Swimming or Swim England (SE) or Swim Wales (SW) will be required to sign an agreement to undergo tests as required in accordance World Aquatics. N.B. SS, SE and SW athletes will have signed an agreement when submitting their registration fee.</p>								
Athlete Accreditation	<p>All athletes participating in the Meet (including relay team only athletes) must apply for athlete accreditation via their membership. Details on how to apply for accreditation along with the link can be found here. Accreditation will not be issued to an athlete who is not competing in the event. Closing date for accreditation applications is 14:00 on Monday 22 June 2026</p> <p>Each athlete is responsible for printing their accreditation. The accreditation will be emailed to the address held on record for all accepted athletes no later than Tuesday 23rd June 2026. The accreditation will allow access to the changing village, designated seating areas and poolside. Within the venue athletes must wear their accreditation and have it visible at all times.</p>								
Swimwear	<p>Aquatics GB and Scottish Swimming advise that World Aquatics BL8.1 only applies to Olympic Games and World Aquatics events. A suit check will only be made if a World or European record is claimed. There is no requirement for officials to check that costumes are on the approved World Aquatics list. Bylaws BL 8.2 and BL 8.3 cover our requirement for design and material.</p> <p>SW8.0 Scottish Swimming Rules SW8.7 Swimwear Policy</p> <p>SW8.7.1. For events held under the direct jurisdiction and control of Scottish Swimming the Scottish Swimming ‘Swimwear Policy’ shall apply. The policy can be found at here.</p>								
Media & Photography Information	<p>Throughout this event Scottish Swimming will have a number of authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images will be made available to our media partners and uploaded to our website and our social network sites.</p> <p>Should any competitor wish not to be photographed please complete this form. If at any time a competitor wishes a static image to be removed from our website, 7 days’ notice must be given to Scottish Swimming after which the data will be removed.</p>								
Awards & Presentations	<p><u>Open Events (including relays)</u></p> <table data-bbox="324 1617 1559 1827"> <tr> <td>Scottish Open Champion</td> <td>1st, 2nd and 3rd</td> </tr> <tr> <td>Scottish National Champion</td> <td>1st (provided the individual is not also the Open Champion)</td> </tr> <tr> <td>Scottish Junior Champion</td> <td>1st (aged under 17 as at 31st December 2026)</td> </tr> <tr> <td>Scottish Para-Swimming Champion</td> <td>1st, 2nd and 3rd (See supplementary Para-Swimming Conditions)</td> </tr> </table> <p>A Junior relay team shall consist of 4 athletes aged under 17 years as at 31st December 2026.</p>	Scottish Open Champion	1 st , 2 nd and 3 rd	Scottish National Champion	1 st (provided the individual is not also the Open Champion)	Scottish Junior Champion	1 st (aged under 17 as at 31 st December 2026)	Scottish Para-Swimming Champion	1 st , 2 nd and 3 rd (See supplementary Para-Swimming Conditions)
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Scottish Para-Swimming Champion	1 st , 2 nd and 3 rd (See supplementary Para-Swimming Conditions)								

Special Awards

Berger Paints Trophy:

The Berger Paints Trophy will be awarded for the best performance (male & open or female) by a Scottish athlete in the National Open Championship. This will be calculated using the current World Aquatics Points Tables.

The Eileen Adams Trophy:

The Eileen Adams Trophy will be awarded for the best combined performance in the senior male & open 200m and 400m freestyle championships using World Aquatics points.

Top Scottish National Open Club Awards:

- Points will be calculated as follows: 1st = 20 points; 2nd = 18 points; 3rd = 16 points; 4th = 13 points; down to 1 point for 16th place. Relays will be awarded points as follows; 1st = 20 Points; 2nd = 18 points; 3rd = 16 points; 4th = 13 points; down to 9 points for 8th place. Please see below the conditions attached to the above Trophy.
- Clubs must be registered with Scottish Swimming.
- For the purposes of the competition, "Club" is defined as any individual or composite team registered with Scottish Swimming.
- Points will be allocated to the club of representation as per the closing date for entries to the Scottish National Open Championships.
- Athletes scoring points for clubs in either individual or relay events must be resident or undertake the majority of training within Scotland.
- Points will be awarded as above from Open events only.
- For relay events, only the fastest eligible team per club will score points.
- Cumulative points will be calculated following the completion of the last event with updates given at the end of each finals' session.
- The team with the highest points following the completion of the final event will be presented with the '**Top Scottish National Open Club**' Trophy.

Presentations

Athletes must report to the Presentation Marshal immediately upon completing their race and picking up their dry clothes from the holding area. Appropriate clothing must be worn for the presentations. It is the responsibility of the Team Staff to ensure that medallists, or a deputy be available for presentation as per the presentation schedule. Failure of an athlete or deputy to attend the appropriate presentation will result in the athlete forfeiting their medal.

TEAM STAFF INFORMATION

<p>Training Prior to Championships</p>	<p>Open training will be available at the Royal Commonwealth Pool on 25 June 2026 from 16:00 until 20:00.</p>
<p>Poolside Accreditation</p>	<p>Team Staff who are not in possession of an annual Scottish Swimming Accreditation Pass may purchase an individual Pass for the Championship:</p> <p>Full Meet £25.00 (3-day access) Day Accreditation £10.00 (Access is only granted for the day purchased)</p> <p>2026 Open Poolside Pass (SS Members) 2026 Open Poolside Pass (Non-SS Members) 2026 Open - 1 DAY Poolside Pass (SS Members) 2026 Open - 1 DAY Poolside Pass (Non-SS Members)</p> <p>Lost/replacement accreditation will be charged a fee of £10.00 for the issue of a temporary accreditation.</p> <p>Accreditation is required for any team staff wishing to be poolside, and entitles you to entry for the whole of the Meet, poolside access, WhatsApp Broadcast, complimentary tea/coffee in the specified area. Without valid accreditation any team staff will NOT be permitted on poolside. Accreditation must be worn by all team personnel and made visible at all times.</p> <p><u>Applying for Accreditation</u></p> <ul style="list-style-type: none"> • All applications must be submitted online, you can find more information by clicking here • Please Note: All team staff accreditation must be confirmed by the Head Club/Team coach as detailed on the online application form. • All applicants MUST be PVG/CRB/DBS checked through either: Scottish Swimming/Swim England/Swim Wales. • Scottish Swimming will not issue any Team Staff Accreditation unless a person has a valid PVG/CRB/DBS through the Scottish Swimming/Swim England/Swim Wales. In-line with current legislation, valid PVG/CRB/DBS from any other agency, will not be accepted. • Team Staff applying for accreditation from outside the UK should make arrangements for their National Governing Body to forward a letter of declaration to the CEO of Scottish Swimming that all applicants have conformed with their 'home country's' policy concerning child protection; Accreditation will not be issued without such a letter • Applicants must ensure a recent photograph (jpeg format) is uploaded at time of application. Previous applicants need not submit a photograph unless their appearance has changed dramatically or they wish to update the photograph held on file. Photographs should be taken under the same rules regarding passport photographs • Accreditation will be emailed direct to members to print themselves. Plastic wallets will be available for collection from the Team Staff/Athlete Desk at our Scottish Swimming National Events <p>Applications close at 14:00 on Monday 22 June 2026 Please Note: Any late applications will be charged £45.00 per accreditation</p>