



**Scottish  
Swimming**

**Masters**

# **2025 Scottish National Open SC Masters and Senior Age Group Championships**

(under World Aquatic Rules and Scottish Swimming Masters  
Swimming Regulations)

**Michael Woods Sports & Leisure Centre,  
Glenrothes, KY6 2RD**

**Saturday 6 — Sunday 7 September 2025**

Licence No: L1/796/SS/SEP25

**Masters Motto – Fitness, Fun and Friendship**

## 2025 Scottish National Open SC Masters and Senior Age Group Championships

### VENUE DETAILS, SESSION TIMES, EVENTS & ELIGIBILITY INFORMATION

Dates	Saturday 6 and Sunday 7 September 2025							
Venue	Michael Woods Sports & Leisure Centre, Glenrothes							
Pool	8 lane, 25m competition pool with full electronic timing 3 lane, swim down pool							
Promoter	SASA Masters National Committee							
Scottish Swimming Contact	Lindsay Lewis, Event Manager, Scottish Swimming Tel: 07715 710581    Email: <a href="mailto:masters@scottishswimming.com">masters@scottishswimming.com</a>							
Entry Process	Entries will be online							
Entry Deadline	14:00 on 19 August 2025							
Age Groups	Individual Events							
	A	25-29 years	B	30-34 years	C	35-39 years	D	40-44 years
	E	45-49 years	F	50-54 years	G	55-59 years	H	60-64 years
	J	65-69 years	K	70-74 years	L	75-79 years	M	80-84 years
	N	85-89 years	O	90+	X	18-24 years		
	Team Events							
	*72+		100-119 years		120-159 years		160-199 years	
	200-239 years		240-279 years		280-319 years			
	Age Groups as at 31 December 2025							
	* Special category competitors (X Age Group) may only participate in the team event 72+ years. The 72+ Category must have at least one swimmer from the 18-24 age group as part of its team.							
Events	All events will be Heat Declared Winner in age classification. In each event, swimmers will be seeded according to their entry time and will compete against those with similar times from the various groups.							
Session Times	Saturday 6 September					Sunday 7 September		
	Session	Warm Up	Start		Session	Warm Up	Start	
	1	12:00	13:00		3	08:00	09:00	
	2	16:00	17:00		4	12:30	13:30	
Warm Up	The indicated warm up times refer to the competition pool while warm up /cool down is also available in the other pool throughout the competition sessions.							
Competition Disclaimer	In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Scottish Swimming. Scottish Swimming will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.							

## 2025 Scottish National Open SC Masters and Senior Age Group Championships

<b>Eligibility</b>	<p>All Masters Competitors must be a registered member of a swimming club within their own Home Country (Swim England, Scottish Swimming, Swim Wales, Swim Ireland) and be 18 years or over on 31 December 2025. Each competitor may only represent one club in the relay events. Registration numbers must be given on the entry form. (Individual and/or relays).</p> <p>Overseas competitors must be registered members of their own Swimming Federation.</p>
--------------------	--

## ENTRY INFORMATION AND CONDITIONS

<b>Entry Guide</b>	<ul style="list-style-type: none"><li>• Entries to all events <b>INCLUDING RELAYS</b> must be made on-line</li><li>• Swimmers wishing to participate in the 800m freestyle <b>MUST</b> reconfirm their intention to swim. This may be done by email to: <a href="mailto:masters@scottishswimming.com">masters@scottishswimming.com</a> or at the pool (recorders desk) up to one hour prior to the start of Session 1. Failure to do so will result in the competitor being withdrawn from that event.</li><li>• Entry fee(s): £ 9.50 Individual Entry £17.00 Relay Entry</li><li>• Dependent on the number of entries received, the organisers reserve the right to introduce over the top starts and/or adjust the start time of the sessions.</li><li>• Prior to submitting entries, please click <a href="#">here</a> for Competitor Safety Notice.</li></ul> <p><b>Online Entries system can be found <a href="#">here</a> and will be available from: 8 June 2025.</b></p> <ul style="list-style-type: none"><li>• <b>CLOSING DATE FOR ENTRIES: INDIVIDUAL &amp; RELAY 14:00 on 19 August 2025</b></li><li>• If you are experiencing difficulties with the above, please send an email to <a href="mailto:masters@scottishswimming.com">masters@scottishswimming.com</a>.</li><li>• Entries will be added to the programme on a first come first served basis and the organisers reserve the right to close entries to any or all Events when capacity is reached. Rejected entries will be refunded.</li><li>• A draft programme will be posted on the Scottish Swimming website <a href="http://www.scottishswimming.com">www.scottishswimming.com</a> and on <a href="http://www.swimscotland.co.uk">www.swimscotland.co.uk</a>, approximately 5 days after the closing date.</li><li>• If you need to withdraw or if there are any discrepancies with your entries, please contact <a href="mailto:masters@scottishswimming.com">masters@scottishswimming.com</a> as soon as possible.</li></ul> <p><b>Team Events</b></p> <ul style="list-style-type: none"><li>• At closing date, only the number of teams entered for each relay event need be submitted.</li><li>• Team lines must be completed and submitted by the deadlines detailed on the team line form <a href="#">here</a></li><li>• Should your teams be finalised before the event, please submit the team line forms to <a href="mailto:masters@scottishswimming.com">masters@scottishswimming.com</a></li></ul>
--------------------	---

## 2025 Scottish National Open SC Masters and Senior Age Group Championships

<b>Event Regulations</b>	<p>Entry to all events is expressly subject to the Event Regulations on the Scottish Swimming website which can be found <a href="#">here</a> and may, where appropriate, also require compliance with the facility providers regulations.</p> <p>Scottish Swimming reserves absolutely the right to eject from events any person failing to comply with each and all the Event Regulations.</p>
--------------------------	--

### SCHEDULE OF EVENTS

Saturday 6 September 2025					
Session 1 Warm Up 12:00 – 12:50 Start 13:00			Session 2 Warm Up 16:00 – 16:50 Start 17:00		
101	400m Individual Medley	Male & Open	201	4 x 50m Freestyle Relay	Mixed
102	400m Individual Medley	Female	202	50m Butterfly	Male & Open
103	800m Freestyle	Mixed	203	50m Butterfly	Female
			204	200m Backstroke	Male & Open
			205	200m Backstroke	Female
			206	100m Freestyle	Male & Open
			207	100m Freestyle	Female
			208	100m Breaststroke	Male & Open
			209	100m Breaststroke	Female
			210	200m Individual Medley	Male & Open
			211	200m Individual Medley	Female
			212	4 x 50m Medley Relay	Mixed
Sunday 7 September 2025					
Session 3 Warm Up 08:00 – 08:50 Start 09:00			Session 4 Warm Up 12:30 – 13:20 Start 13:30		
301	100m Individual Medley	Male & Open	401	400m Freestyle	Male & Open
302	100m Individual Medley	Female	402	400m Freestyle	Female
303	200m Freestyle	Male & Open	403	50m Breaststroke	Male & Open
304	200m Freestyle	Female	404	50m Breaststroke	Female
305	50m Backstroke	Male & Open	405	200m Butterfly	Male & Open
306	50m Backstroke	Female	406	200m Butterfly	Female
307	100m Butterfly	Male & Open	407	50m Freestyle	Male & Open
308	100m Butterfly	Female	408	50m Freestyle	Female
309	200m Breaststroke	Male & Open	409	100m Backstroke	Male & Open
310	200m Breaststroke	Female	410	100m Backstroke	Female
311	4 x 50m Medley Relay	Male & Open	411	4 x 50m Freestyle Relay	Male & Open
312	4 x 50m Medley Relay	Female	412	4 x 50m Freestyle Relay	Female

## GENERAL INFORMATION

<b>Safeguarding</b>	The primary safeguarding point of contact for the event in relation to wellbeing and protection matters or accidents is the event Meet Director. The second point of contact is the Scottish Swimming Safeguarding Officer.
<b>Transgender &amp; Non-Binary</b>	<p>The Scottish Swimming Transgender and Non-Binary Competition Policy has been implemented nationally across all aquatic sports since 1<sup>st</sup> January 2024. The policy and FAQs can be found <a href="#">here</a>. Any related matters that arise during the event should be reported to and will be recorded by the Meet Director/Meet Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming staff. At no point will members be challenged on the day of competition with any matters being managed post event.</p> <p>By entering the Female category, athletes are therefore confirming their birth sex is female and eligible to compete in the female category.</p>
<b>Media &amp; Photography Information</b>	<p>Throughout this event Scottish Swimming will have a number of authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images will be made available to our media partners and uploaded to our website and our social network sites.</p> <p>Should any competitor wish not to be photographed please <a href="#">complete this form</a>. If at any time a competitor wishes a static image to be removed from our website, 7 days' notice must be given to Scottish Swimming after which the data will be removed.</p> <p>By attending the event either as a participant, volunteer, team staff or spectator, you accept that any photographs / videos taken will not be used for illicit purposes or that pictures / films produced will not be altered in any way or uploaded onto the web without the consent in writing of the person(s) photographed / filmed. The use of mobile phones or other electronic devices capable of photography are not permitted to be used at any time in the changing village, toilets or shower areas.</p> <p>Spectators who wish to take images are requested to focus on their own family member as much as reasonably possible and to avoid including other participants in images, particularly if those images are being shared with family and friends or through social media platforms.</p> <p>The use of professional camera equipment and flash photography is prohibited at the Event. Only accredited media can use this type of equipment. Media wishing to gain accreditation must put the request in writing to the event organiser prior to the start of the competition.</p>

## AWARDS PRESENTATION

<b>Awards Venue</b>	The presentation of Awards will take place after the Sunday afternoon session in Studio 4 of the Leisure Centre	
<b>Awards</b>	Best in Group awards	The Elizabeth McCallum Trophy
	The Norrie Beattie Trophy	Inverclyde Council Trophies
	Brogan Trophies	Eddie Riach Trophy
	Speedo Trophies	
	City of Glasgow Scottish Club Championship Cup	
<p>Medals will be awarded down to 3<sup>rd</sup> place and can be collected at the front desk during the session. <b>The desk will only be open for 15 minutes after the end of the final session of each day for the collection of medals.</b></p> <p>The 'City of Glasgow' Championship Cup will be awarded to the Scottish Club with the highest total of points accumulated in all individual and relay swims. For this club trophy, X Age group swimmer's points will be included.</p> <p><b>Points: Individual and Relay. 1<sup>st</sup> – 10, 2<sup>nd</sup> – 6, 3<sup>rd</sup> – 4, 4<sup>th</sup> – 3, 5<sup>th</sup> – 2, 6<sup>th</sup> – 1 combined.</b> In the event of any dead heat for any position, the respective points will be added together and halved. There is no limit to the number of individual entries but there is a cap of 8 events which contribute to the Best in Age Group.</p> <p>The Norrie Beattie, Elizabeth McCallum, Brogan, Inverclyde and Speedo Trophies are open to any registered Scottish Masters Swimmer, male &amp; open or female, who compete in either the 50m Backstroke, 50m butterfly, 50m Breaststroke or 50m Freestyle events. The Eddie Riach Trophy is for male &amp; open 200 Backcrawl. The trophies will be awarded in each event to the fastest Scottish Male &amp; Open/Female swimmer whose placing has been determined by utilising the Age Correction Factor.</p>		